



Contact: Sheri Hensley, Public Information Officer  
(201) 777-2420 office, (201) 615-8378 cell  
sheri.hensley@njmeadowlands.gov

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## NEW NJMC BROCHURE HIGHLIGHTS MEADOWLANDS DISTRICT BIRDS

**LYNDHURST, N.J.** – The New Jersey Meadowlands Commission is proud to release the new *Birds of the Meadowlands* brochure, including a comprehensive check-list. The Meadowlands District is a unique place for bird watching, as well as exploring and discovering nature. This color pamphlet, updated for the first time in nearly a decade, will help enhance bird-watching for birders of all levels.

“More than 260 species of birds have been spotted in the Meadowlands District, a major stop along the Atlantic Flyway,” said Joseph Doria, NJMC Chairman and Commissioner of the New Jersey Department of Community Affairs. “This new brochure will aid bird-watchers, making the time they spend looking for certain species more enjoyable.”

The brochure provides a check-list of birds found in the Meadowlands District and photographs of the most abundant species. It also lists the seasons when each species is most likely to be seen. The check-list divides birds into distinct categories, including the various species of waterfowl, shorebirds, birds of prey, rails, herons, gulls, woodpeckers and perching birds. The 30-square mile Meadowlands District includes the Hackensack River as well as diverse habitats of salt and fresh-water wetlands and uplands, which attract many species of birds and other wildlife.

The *Birds of the Meadowlands* Brochure is the third in a series of guides, which also includes the *Hackensack River Guide* and the *Mill Creek Canoe Guide*. Complementing this series is the NJMC’s “*Birding and Wildlife Trails: Meadowlands and More*” guidebook, first offered in 2007. To date, the NJMC has distributed nearly 43,000 English and Spanish Language copies of this free color guidebook to nature enthusiasts as far away as Singapore and Tel Aviv. To request copies of *Birds of the Meadowlands* or other eco-tourism materials, contact the NJMC at (201) 460-4694.